

About RFQ

Richmond Fellowship Queensland (RFQ) is a leader in the provision of professional recovery-oriented psychosocial services throughout Queensland, and nationally via telehealth services.

Today, we combine the inspirational vision and values of our founders with progressive thinking, advanced research and evidence-based practice. From working in acute mental health wards and correctional facilities, to keeping people healthy in the community, RFQ's vision captures the passion and conviction of our work:

A future recovered for people facing mental health challenges and social disadvantage.

This statement of hope is also captured in RFQ's logo, Recovered Futures. Our RFQ community inspires and reassures people in recovery that there is hope and a future.

About Gold Coast Health

Gold Coast Health provides all public mental health and AODS (Alcohol and Other Drugs) services on the Gold Coast.

The Mental Health Service provides assessment, treatment and support to people who have a mental illness. Services are provided depending on individual need.

Recovered Futures

Mental Health Recovery and Wellbeing

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Connect With Us

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 rfq.com.au

TRANSITIONAL RECOVERY SERVICE (TRS)



A partnership between Queensland Health,
Richmond Fellowship Queensland and
Gold Coast Health



Gold Coast Health



TRANSITIONAL RECOVERY SERVICE (TRS)

TRS is a referral-based recovery and community support service for people transitioning from or as an alternative to acute care on the Gold Coast.

The service supports people to return to the community after a hospital stay, or avoid a possible hospital admission.

This is provided through:

- Intensive residential support for 7–14 days (a shared living environment)
- Outreach support in the community and at home
- Access to a range of groups offered through the Capstone Program, after leaving the TRS house

Eligibility

- Adults (18–65 years)
- Living on the Gold Coast
- Able to access stable accommodation
- Able to manage own medication
- Receiving services through the Gold Coast Mental Health Service
- Able to abstain from alcohol and illicit drugs
- Willing to share a living space with others and actively participate in the program
- Consent to sharing information between RFQ and Gold Coast Health

Support

During your time with TRS, we will:

- Work together with you and your support network to plan your transition back home and your support needs
- Support you to increase your resilience in the community
- Collaborate with you on your recovery goal setting and support plan
- Connect you with health services and your local community

Referrals

To participate in the program, you may be referred by your case manager or treating team in the hospital.

